

# Silver Creek Senior Center    MARCH 2019

1657 S Main Street PO Box 1495 Snowflake, AZ 85937    928-536-2222

Center Open Daily 8-4    Thrift Store 9 AM to 4 PM SAT 10 AM – 2 PM

***Client contributions are encouraged & are vital for continuation of the programs.***

***Partially funded by AAA NACOG & DES***

***The Senior Center is a designated AZ Charitable Organization.***

Lunch Served: 12:00 – 1:00 Salad Bar Daily - Over 60 \$5.00 - Under 60 \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Food Bank Days</i> 13<sup>th</sup> - 8<sup>th</sup> Over 60 25<sup>th</sup></p>				<p><b>1</b> Salmon Patty Sweet Potato Fries Steamed Broccoli WG Roll Pears</p>
<p><b>4</b> Open Faced Turkey sandwich with Gravy, Mashed Potatoes Brussel Sprouts Peaches</p>	<p><b>5</b> Swedish Meatballs CA Blend vegetables Noodles WG Roll Fruit medley</p>	<p><b>6</b> Fiesta Lime Chicken Spanish Rice Mexicali Corn WG Roll Citrus Salad</p>	<p><b>7</b> Pork &amp; Green Chile Casserole Pinto Beans Mexicali Corn Pineapple</p>	<p><b>8</b> French Dip Potato Wedges Coleslaw Hoagie Roll Pears</p>
<p><b>11</b> Biscuits &amp; Gravy Frittata with Peppers, Tomatoes, Onions Roasted Potatoes Sliced Tomatoes Tropical Fruit</p>	<p><b>12</b> Baked Fish Potato Wedges Cole Slaw Tropical Fruit WG Roll Cookie</p>	<p><b>13</b> Chicken Pot Pie w/ vegetables Tomato/Cucumber Salad Pudding</p>	<p><b>14</b> Corned Beef &amp; Cabbage w/ carrots Rolls Fruit Salad Apple Tart</p>	<p><b>15</b> Navjao Tacos Pinto Beans/Beef Lettuce, tomatoes Southwest Vegetables Pears</p>
<p><b>18</b> <b>Chef's Choice</b></p>	<p><b>19</b> Shepherd's Pie with Peas, Carrots and Mashed Potatoes WG Biscuit Citrus Salad</p>	<p><b>20</b> Ham &amp; Potato Skillet w/ peppers &amp; onions Cabbage WG Roll Apricots</p>	<p><b>21</b> Liver and Onions or Meat Loaf Mashed potatoes Green Beans WG Roll Brownie</p>	<p><b>22</b> Clam chowder Cucumber/tom ato salad Garlic Toast Spiced Apples</p>
<p><b>25</b> Chili Beans Baked Potato Seasoned Carrots Corn Bread Pineapple</p>	<p><b>26</b> BBQ Pulled Pork Sandwich Baked Beans Pineapple Cole Slaw Ice Cream Float</p>	<p><b>27</b> Minestrone Soup w/vegetables Turkey &amp; Cheese Sandwich Apple cake</p>	<p><b>28</b> Rosemary Chicken Roasted Red Potatoes Peas &amp; Carrots WG Rolls Peaches</p>	

\*Services are funded by the older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged & are vital for continuation of the programs. Language assistance & alternate forms of communication are available upon request. Under Titles VI & VII of the Civil Rights Act of 1964 (Title VI & VII) & the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 & the Age Discrimination Act of 1975, Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.\*